School menu

Gateshead School Catering

Gateshead Council

HOW TO CONTACT US:

Telephone: 0191 433 5522
Email: schoolcatering@gateshead.gov.uk
Website: www.gateshead.gov.uk

WEEK 1

MEAT FREE MONDAY

	monday	tuesday	wednesday	thursday	friday FISH FRIDAY
1ST CHOICE	Tomato & basil pasta with broccoli or vegetable sticks & garlic dough balls	Schools' choice roast & yorkshire pudding with roast & mashed potato, green beans, carrots & gravy	Chicken curry with rice, naan bread & pea & sweetcorn medley	Mince & dumplings with mashed potato, vegetable trio & gravy	Fish portion, chips, peas & curry sauce
2ND CHOICE	Macaroni cheese with broccoli or vegetable sticks & garlic dough balls	Quorn fillet & yorkshire pudding with roast & mashed potato, green beans, carrots & gravy	Sweet potato & vegetable curry with rice, naan bread & pea & sweetcorn medley	Veggie mince & dumplings with mashed potato, vegetable trio & gravy	Vegetable & cheese pattie, chips, peas & curry sauce
JACKET POTATO	Baked beans & cheese with mixed salad	Tuna mayo with mixed salad	Cheese with mixed salad	Tuna mayo with mixed salad	Baked beans with mixed salad
DELI OPTION	Tuna & cucumber	Cheese savoury	Chicken & sweetcorn	Cheese & ham panini melt	Egg mayonnaise
DESSERT	Schools' choice cake & custard	Schools' choice cookie	Crispy cake with orange wedges	Ice cream with peaches & strawberry sauce	Apple crumble muffin

01/09/25
22/09/25
13/10/25
10/11/25
01/12/25
05/01/26
26/01/26
16/02/26
16/03/26
20/04/26
11/05/26
08/06/26
29/06/26

WEEK 2

MEAT FREE MONDAY

	monday	tuesday	wednesday	thursday	friday
1ST CHOICE	All day breakfast: omelette, veggie sausage pattie, baked beans & mini waffles	Chicken fillet & Yorkshire pudding with baby boiled potatoes, cabbage, carrots & gravy	Schools' choice pasta – lasagne, bolognaise, meatballs or carbonara with salad or vegetable sticks & French bread	Chicken bites with special fried rice, sweet & sour sauce, sweetcorn & pea medley	Butchers beef or pork burger in a homemade roll with skinny fries & mini corn on the cob
2ND CHOICE	Toasted cheese & tomato panini with mini waffles & baked beans or vegetable sticks	Quorn fillet & Yorkshire pudding with baby boiled potatoes, cabbage, carrots & gravy	Tomato pasta with cheese topping, salad or vegetable sticks & French bread	Veggie bites with special fried rice, sweet & sour sauce, sweetcorn & pea medley	Veggie burger in a homemade roll with skinny fries & mini corn on the cob
JACKET POTATO	Baked beans & cheese with mixed salad	Tuna mayo with mixed salad	Cheese with mixed salad	Tuna mayo with mixed salad	Baked beans with mixed salad
DELI OPTION	Tuna & cucumber	Cheese savoury	Chicken & sweetcorn	Cheese & ham panini melt	Egg mayonnaise
DESSERT	Schools' choice steamed sponge & custard	Schools' choice cookie	Jelly & fruit	Mango or strawberry smoothie & fruit cocktail	Fruity flapjack & apple slices

08/09/25
29/09/25
20/10/25
17/11/25
08/12/25
12/01/26
02/02/26
02/03/26
23/03/26
27/04/26
18/05/26
15/06/26
06/07/26

WEEK 3

MEAT FREE MONDAY

	monday	tuesday	wednesday	thursday	friday FISH FRIDAY
1ST CHOICE	Mini margarita pizza with diced potatoes & baked beans or vegetable sticks	Sausages with Yorkshire pudding, mashed potato, mixed vegetables & gravy	Chicken wrap with sunshine rice & salad or vegetable sticks	Schools' choice pie with mashed potato, broccoli & carrot mix & gravy	Fish fingers with chips, peas & ketchup
2ND CHOICE	Schools' choice pasta with tomato or cheese, vegetable sticks & garlic bread	Veggie sausages with Yorkshire pudding, mashed potato, mixed vegetables & gravy	Veggie wrap with sunshine rice & salad or vegetable sticks	Cheese & sweet potato parcel with mashed potato, broccoli & carrot mix & gravy	Veggie fingers with chips, peas & ketchup
JACKET POTATO	Baked beans & cheese with mixed salad	Tuna mayo with mixed salad	Cheese with mixed salad	Tuna mayo with mixed salad	Baked beans with mixed salad
DELI OPTION	Tuna & cucumber	Cheese savoury	Chicken & sweetcorn	Cheese & ham panini melt	Egg mayonnaise
DESSERT	Schools' choice cake & custard	Schools' choice cookie	Pancakes with bananas & toffee sauce	Ice cream roll & fruit	Chocolate brownie

15/09/25
06/10/25
03/11/25
24/11/25
15/12/25
19/01/26
09/02/26
09/03/26
30/03/26
04/05/26
01/06/26
22/06/26
13/07/26